

# Sarah Plante-Buhs

# ■dignify

### **Top 5 Dignity Traits** WHAT YOU CAN EXPECT FROM ME

#### **BORN LEADER**

I like leading initiatives.

#### SELF-SUFFICIENT 2

Able to make it happen.

**GOOD ON STAGE** 3

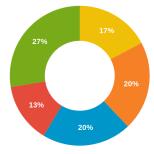
Let's get excited about this.

#### 4 THRIVES ON ENCOURAGEMENT

Give me positive feedback to help me grow.

#### **5** INSPIRATIONAL

Making an impact.



Motivation Breakdown

## Sarah's Motivational Categories



## Supporting Sarah's Dignity **DOS & DON'TS**

Be ethical.

Be straightforward.

Rely on me to get the job done.

- **J** Don't assume the negative.
- **Don't patronize me.**
- **I** Don't talk down to me show me respect.

# Sarah's Countries

**SPEAK MY LANGUAGE** 















102

## Sarah's Nature

**HOW I INTERACT WITH OTHERS** 

120 SOFT

**148 HARD**